

COMMUNITY & FAITH-BASED ORGANIZATIONS SECTOR TELEBRIEFING

County of San Diego

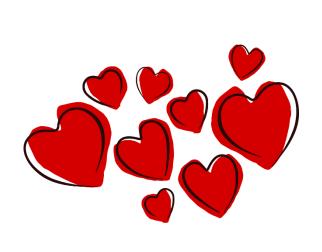
Last Updated: 1/5/2022



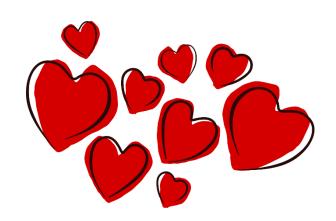
WHEN IS THE NEXT TELEBRIEFING?



CFBO Telebriefings: 1st Wednesdays of the Month Next telebriefing: February 2, 2022 | 1pm-2pm



FEBRUARY 2022								
SUN	MON	TUE	WED	THU	FRI	SAT		
		1	2 CFBO Tele	3	4	5		
6	7	8	9	10	11	12		
13	14	15	16	17	18	19		
20	21	22	23	24	25	26		
27	28							



Agenda:

- Welcome &
 Announcements
- Medical Updates
- Reopening Updates
- Live Well San Diego
 Presentation
 - 31-Day Challenge
 - Love Your Heart
- Q&A
- Closing

Our Speakers:



NICOLE VILLA
Community Health Program
Specialist - Live Well San
Diego Support Team



ALLISON HIRAHARA
Community Health Promotion
Specialist - Live Well San
Diego Support Team



GARY JOHNSTON
Chief Resilience Officer, County
COVID-19 Response Incident
Commander, COVID-19
Reopening Lead



JENNIFER M. TUTEUR, MD

County of San Diego

Deputy Chief Medical Officer



ZAC HANSENAdministrative Analyst II
Live Well San Diego
Support Team



LIZBETH LOPEZCommunity Health Program
Specialist - *Live Well San Diego* Support Team

Welcome to the Community & Faith-Based Organizations Telebriefing



A few reminders before we begin:



This telebriefing is being recorded.



Your lines are muted.



Please enter your questions in the Q&A Box and your comments in the chat box.



You can email us at:

<u>COVID-CBO-</u>

<u>FAITH@sdcounty.ca.gov</u>



ANNOUNCEMENTS



PROTECTING IMMIGRANT FAMILIES: COVID-19 VACCINE VIDEOS





Visit the Protecting Immigrant Families YouTube channel for their COVID-19 vaccine videos.

The videos are available in a range of lengths and languages.

NEW TOOL FOR COMMUNITY & HEALTHCARE ORGANIZATIONS



Introduction	For Healthcare Organizations Seeking To Partner	For Community Based Organizations Seeking To Partner	For Existing Partnerships	ROI Library
	Demonstrating	Value of Social and Clinical C	are Integration	
service partr	tandard of care involves the integra- ners to find the right tools to estimat sier to find the right tools and demo	e and demonstrate the financial	and social impact of their partner	ship. This site
	Want to Learn More? Visi	it the Complete Library of Re	esources Search Library	
or more resources, too	ols, and case studies visit the RO	OI Calculator for Partnership	s to Address the Social Deterr	minants of Health page

- HealthBegins, in partnership with the Commonwealth Fund and the Nonprofit Finance Fund, recently launched the <u>One-Stop Shop for Clinical-Community Partnerships</u>.
- This guide has resources and tools to support partnerships between healthcare and community organizations.
- Organizations can use this guide to find information about how to initiate, structure, and finance their partnerships.

YOUTH LEADERSHIP TEAM RECRUITMENT





SAVE THE DATE!



11[™] ANNUAL

MartinLutherKingJr.

RECREATION CENTER COMMUNITY CELEBRATION

2ND ANNUAL NEIGHBORHOOD PARADE

SATURDAY, JANUARY 15, 2022

FREE FAMILY

FRIENDLY EVENT

FEATURING:

- Community Resources
- Food & Small Business Vendors
- Health & Wellness Pavilion
- Kids Zone, Face Painting and Games
- Rock Wall
- Live Music & Entertainment

SPORTSFEST:

- Ground-Up Basketball Showcase
- NFL Experience

CELEBRATION STARTS 11AM

Martin Luther King Jr. Recreation Center 6401 Skyline Drive San Diego, CA 92114

For more information contact:

Shaun Manning (619) 892-0364

JoAnn Fields (619) 884-9886

Caleb Martin (619) 527-3415

martincj@sandiego.gov

Visit www.sandiego.gov

PARADE STARTS 9AM

Valencia Park Elementary School 5880 Skyline Drive, San Diego, 92114

1/6/2022

FBO CERTIFICATE PROGRAM



Are you interested in participating in an FBO Safe Practices Certificate Program?

The FBO Sector is currently working with faith leaders to develop content and select speakers for the training program. Potential topics include:

Creating COVIDsafe environments Cal OSHA guidelines

Health literacy: Increasing access to trusted health information

Mental Health

And More!

Hear from Subject Matter Experts, get your questions answered, and receive a certificate for completing the training.



REOPENING UPDATES

GARY JOHNSTON

CHIEF RESILIENCE OFFICER

COUNTY COVID-19 RESPONSE INCIDENT COMMANDER

COVID-19 REOPENING LEAD



CALIFORNIA MASK MANDATE



CDPH Face Coverings Guidance | Face Coverings Q&A



Face Mask Signage

- Starting December 15, Californians must wear a mask while indoors in all public places, regardless of their vaccination status.
- The indoor face covering mandate will last at least through January 15, 2022 and will be reevaluated.
- This requirement does not apply to places of worship. However, vaccinated attendees are strongly recommended to wear masks in places of worship.

SINGING

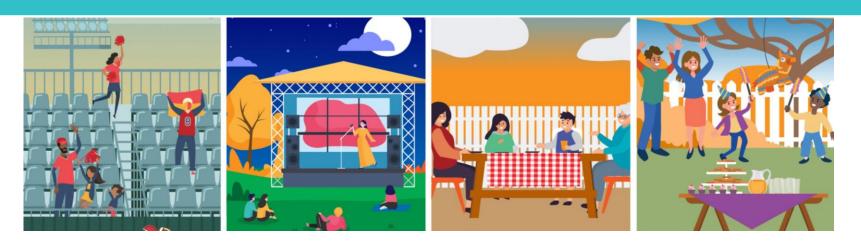




- Singing is allowed both indoors and outdoors
- Face Covering Requirements:
 - According to the <u>CDPH Guidance for the Use of Face Coverings</u>, fully-vaccinated individuals are strongly recommended to wear a face covering indoors in places of worship, and that includes when singing or chanting.
 - Individuals who are not fully vaccinated are required to wear a mask indoors in places of worship, including when singing or chanting.
 - Face coverings are not required when singing outdoors.

MEGA EVENTS GUIDANCE



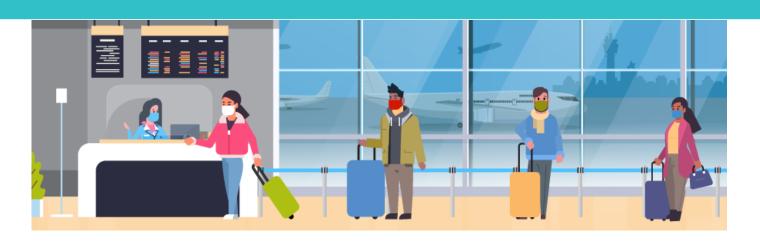


Beyond the Blueprint: Mega Events Guidance

- **EFFECTIVE 1/15/22:** Mega events are events with more than 500 attendees indoors and more than 5,000 attendees outdoors.
- Vaccine verification or negative test results are required for indoor mega events and recommended for outdoor mega events.
- As of 12/15, people who cannot verify their vaccination status must get a negative test result within 1 day for antigen tests, and within 2 days for PCR tests before the event.

CDPH TRAVEL ADVISORY





December 13, 2021 Travel Advisory

- All travelers arriving in or returning to California from other states or countries should follow <u>CDC travel guidance</u>.
- All travelers arriving in or returning to California from other states or countries should test 3-5 days upon arrival.
- All travelers who test positive or develop <u>symptoms of COVID-19</u> should isolate and follow <u>public health recommendations</u>.



MEDICAL UPDATES

JENNIFER M. TUTEUR, MD, FAAFP

DEPUTY CHIEF MEDICAL OFFICER

MEDICAL CARE SERVICES DIVISION

COUNTY OF SAN DIEGO HEALTH & HUMAN SERVICES AGENCY



CHOOSING A MASK: DOS & DON'TS





DO NOT CHOOSE MASKS THAT

Your Guide to Masks: How to select, properly wear, clean, and store masks

DO CHOOSE MASKS THAT



Have two or more layers of washable, breathable fabric



Completely cover your nose and mouth



Fit snugly against the sides of your face and don't have gaps



Are made of fabric that makes it hard to breathe, for example, vinyl



Have exhalation valves or vents which allow virus particles to escape



Do not combine a KN95 mask with any other mask



Have a nose wire to prevent air from leaking out of the top of the mask



How to wear a double mask: Wear a disposable mask underneath a cloth mask. The cloth mask should push the edges of the disposable mask against your face.

ISOLATION GUIDANCE



County of San Diego: Health Officer Order - Isolation

Isolation is required if you meet one or more of the following, regardless of vaccination status:

- You test positive for COVID-19; OR
- You have signs and symptoms of COVID-19; OR
- A physician informed you that you are likely to have COVID-19

Symptomatic Person (with repeat testing)

- Isolate for at least 5 days after symptoms first appeared.
- Do not end isolation until at least 24 hours after last fever and until other symptoms have improved.
- You can end isolation if a repeat test (antigen or PCR) taken on day 5 or later is negative.
- After this period, wear a mask for 10 days after symptoms first appeared, following <u>CDPH</u> face covering guidance.

Symptomatic Person (without repeat testing)

- Isolate for at least 10 days after symptoms first appeared.
- Do not end isolation until at least 24 hours after last fever and until other symptoms have improved.

Asymptomatic Person (with repeat testing)

- Isolate for at least 5 days after your first positive test.
- You can end isolation if a repeat test (antigen or PCR) taken on day 5 or later is negative.
- Wear a mask for 10 days after your first positive test, following <u>CDPH face covering</u> guidance.

Asymptomatic Person (without repeat testing)

Isolate for at least 10 days after your first positive test.

QUARANTINE GUIDANCE



County of San Diego: Health Officer Order - Quarantine

If you are <u>not</u> up-to-date with COVID-19 vaccination* without COVID-19 symptoms and had close contact with a COVID-19 patient:

- Quarantine for at least 5 days and up to 10 days after your last contact with a COVID-19 patient.
- You may end quarantine after 5 days if:
 - You do not have any symptoms and
 - A COVID-19 test (PCR or antigen) collected on day 5 or later is negative and
 - You self-monitor for COVID-19 symptoms through day 10.
- If you finish quarantine before day 10, wear a face covering (following <u>CDPH face covering guidance</u>) and maintain a distance of at least 6 feet from others to the maximum extent possible, through day 10.
- If you develop symptoms, isolate and contact your healthcare provider and/or local public health department.

If you <u>are</u> up-to-date with COVID-19 vaccination* without COVID-19 symptoms and had close contact with a COVID-19 patient:

- Wear a face covering (following <u>CDPH face covering guidance</u>) and maintain a distance of at least 6 feet from others to the maximum extent possible, through day 10.
- You do not need to formally quarantine, as long as you do not develop symptoms.
- A COVID-19 test (PCR or antigen) is required on day 5.
- If you develop symptoms or if the test is positive, isolate and contact your healthcare provider and/or local public health department and seek testing if you have not already.

*People are considered current and up-to-date ≥2 weeks after the second dose in a 2-dose series (Pfizer-or Moderna), or ≥2 weeks after they have received a single-dose vaccine (Johnson & Johnson).

However, if more than 6 months has passed since receiving the second dose in a 2-dose series (Pfizer or Moderna), or more than 2 months from a 1-dose series (J&J), a booster is required to be considered current and up-to-date.

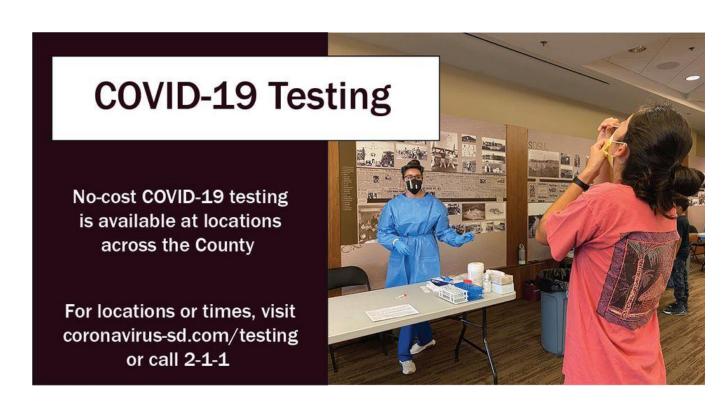
COVID-19 TESTING



COVID-19 testing is available through:

- Healthcare providers
- Pharmacies
- County testing locations

DO NOT go to an emergency room for COVID-19 testing.



Testing in San Diego County

COVID-19 AT-HOME TESTING





Self-Testing | CDC

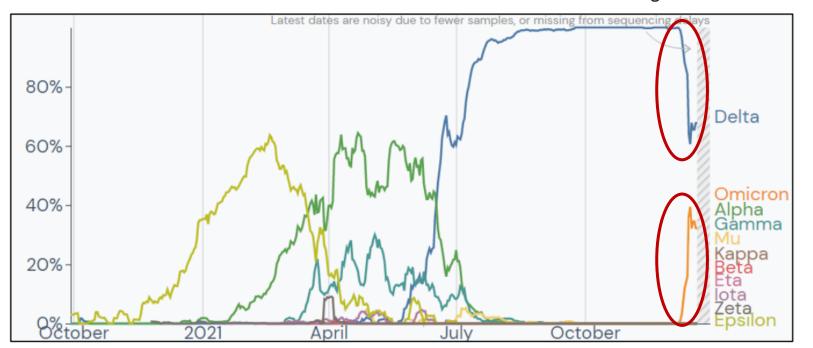
- The FDA created a list of <u>COVID-19 tests</u> that can and cannot detect the Omicron variant.
- If you test positive for COVID-19 with an at-home test and you have mild COVID-19 symptoms, you do NOT need to visit your doctor for a confirmatory test.
- If you test positive at home, you should <u>isolate</u> and call your doctor if you have questions.
- If you have an <u>emergency warning sign</u> (including trouble breathing), seek emergency medical care immediately.

Summary of Variant Cases



Figure 1. Prevalence of Variants Over Time in San Diego

7-Day Rolling Average of Percent of Sequences with Mutations Includes Residents and Non-Residents Tested in San Diego



Source:
outbreak.info,
Location
Tracker, San
Diego, CA
Mutation
Report
Accessed
12/29/2021.

†Confirmed cases are based on whole genome sequencing (WGS) results, which are not available until approximately 2-4 weeks after initial testing. These results do not represent all variant cases in San Diego County. Not all confirmed case samples are sequenced and not all sequencing results are immediately available to Public Health Services. Case counts will be updated as sequencing results become available. If case did not have symptoms or illness onset date is unavailable, the earliest of specimen collection date, date of death, or date reported is used instead. ‡ If case did not have symptoms or illness onset date is unavailable, the earliest of specimen collection date, date of death, or date reported is used instead. §Persons of Hispanic/Latino ethnicity may belong to any race group. All categories except Hispanic/Latino include persons for whom race is known but ethnicity is non-Hispanic or unknown. Data are preliminary and subject to change. Source: San Diego County Communicable Disease Registry Prepared by County of San Diego, Health and Human Services Agency, Public Health Services, Epidemiology and Immunization Services Branch

OMICRON VARIANT STUDY RESULTS



Results from the first major real-world <u>study</u> of the Omicron variant in South Africa were released on 12/14.

The study showed that 29% fewer people were admitted to the hospital with the Omicron variant than with the Delta variant.



This could mean that Omicron is a milder variant, or it could be because South Africa has a younger population, and many people have already had COVID-19.

Fully vaccinated participants were 33% less likely to be infected with the Omicron variant than unvaccinated participants.



Having two doses of the Pfizer vaccine provided 70% protection against being hospitalized with the Omicron variant, compared with 90% protection against the Delta variant.

J&J VACCINE RECOMMENDATION



CDC vaccine advisers vote to recommend Pfizer, Moderna vaccines over J&J's







- On 12/16, CDC vaccine advisers voted 15-0 to recommend that mRNA vaccines (Pfizer and Moderna) are preferred over the J&J/Janssen COVID-19 vaccine.
- mRNA vaccines are also preferred as booster doses in most situations.

- The J&J vaccine will still be available, especially for groups that are not recommended to get an mRNA vaccine (such as those at risk for myocarditis).
- The updated recommendation shows that the vaccine safety surveillance system is working, and public health experts are closely monitoring vaccine safety.

EXPANDED USE OF PFIZER COVID-19 VACCINE



CDC Recommends Pfizer Booster at 5 Months, Additional Primary Dose for Certain Immunocompromised Children

On 1/4, the CDC updated the emergency use authorization for the Pfizer COVID-19 vaccine to:

- Shorten the time between completing the primary series of the Pfizer vaccine and a booster dose to at least five months.
 - If you completed the primary series of the Pfizer vaccine at least five months ago, you can get an mRNA booster dose (Pfizer or Moderna).
- Allow for a third primary series dose for certain <u>immunocompromised</u> <u>children</u> 5-11 years of age.

The Advisory Committee on Immunization Practices (ACIP) will meet on 1/5 to discuss the Pfizer booster for **12-15 year olds**.

PAXLOVID ANTIVIRAL PILL





FDA NEWS RELEASE

Coronavirus (COVID-19) Update: FDA Authorizes First Oral Antiviral for Treatment of COVID-19

FDA Authorizes First Oral Antiviral for Treatment of COVID-19

- Paxlovid is authorized for treatment of mild-to-moderate COVID-19 for people ages 12 and older who tested positive and are at high risk for progressing to severe COVID-19.
- Read more in this <u>Paxlovid fact</u> sheet.

- Paxlovid should be taken as soon as possible after getting diagnosed with COVID-19 and within five days of the start of symptoms.
- Become familiar with possible contraindications and drug-drug interactions.

Paxlovid significantly reduced the proportion of people with COVID-19 related hospitalization or death from any cause by 88% compared to placebo.

MOLNUPIRAVIR ANTIVIRAL PILL





FDA NEWS RELEASE

Coronavirus (COVID-19) Update: FDA Authorizes Additional Oral Antiviral for Treatment of COVID-19 in Certain Adults

FDA Authorizes Additional Oral Antiviral for Treatment of COVID-19 in Certain Adults

- Molnupiravir is authorized for treatment of mild-tomoderate COVID-19 for people ages 18 and older who tested positive and are at high risk for progressing to severe COVID-19.
- The treatment is authorized for people not able to receive other FDA-authorized COVID-19 treatments.
- Read more in these Molnupiravir FAQs.

- Molnupiravir should be taken as soon as possible after getting diagnosed with COVID-19 and within five days of the start of symptoms.
- It is not recommended in pregnant women or men planning to start families in 3 months.

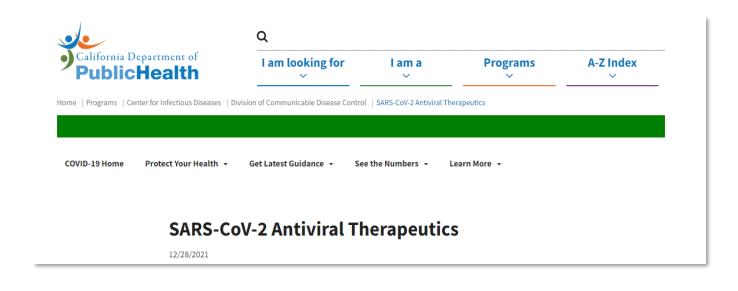
Molnupiravir significantly reduced the proportion of people with COVID-19 related hospitalization or death from any cause by 30% compared to placebo.

ANTIVIRAL THERAPEUTICS



CDPH Announcement: Antiviral Therapeutics







- The antiviral products are anticipated to begin arriving at the end of December.
- Antiviral providers have been identified by the state as sites that will be able to offer Paxlovid or Molnupiravir.

INFLUENZA WATCH





January 5, 2022 Volume 21, Issue 14

> Week 52 Ending 1/1/2022

139

New influenza cases reported

1,185

Total influenza cases, 2021-2022 season

1

Flu **deaths** during the 2021-2022 season

0

Flu **outbreaks** during the 2021-2022 season

More than 1 million influenza vaccinations have been recorded in the San Diego Immunization Registry this season.

MONOCLONAL ANTIBODIES







Bam/Ete and REGEN-COV do not appear to be effective against Omicron

Who can benefit from monoclonal antibodies? (in Conventional Phases)

Treatment	Prevention			
 People who have a positive test for COVID-19 and have mild to moderate symptoms, AND 	 People who have been in close contact with someone with a positive test for 			
 Have had COVID-19 symptoms for less than 10 days, AND 	COVID-19 OR at high risk of exposure, AND			
 Are at <u>high-risk</u> of getting very sick from COVID-19 Examples include: 65 years of age or older, obese, pregnant, diabetes, heart disease, high blood pressure, < 1 year of age 	Are not fully vaccinated OR not expected to mount an immune response			

Sotrovimab appears to be effective against Omicron

NEW: Bam/Ete authorized for all ages, including younger pediatric patients and newborns

Clinical studies show ≥ 70 % prevention of hospitalization and death with monoclonal antibody treatment, and ≥ 70 % prevention of transmission with monoclonal antibody prevention.



MARC LOCATIONS ARE AT CAPACITY



PATIENTS SHOULD FIRST CONTACT THEIR PHYSICIAN TO SEE IF THEY MEET EUA AND TO SCHEDULE TREATMENT WITH THEIR PROVIDER / HEALTH SYSTEM

- Very high-risk patients who meet the criteria can call (619) 685-2500 to make an appointment.
- MARC lines **do not** have the capacity to answer questions from persons who do not meet criteria.
- For additional information visit: www.sandiegocounty.gov/COVIDHealthProfessionals
- Email us at: CovidTreatment@sdcounty.ca.gov
- If a skilled nursing facility is interested in monoclonal antibody treatment, contact the Mobile Monoclonal Antibody Administration Team at mcsdnursingmabinfusion.hhsa@sdcounty.ca.gov

MARC LOCATIONS

MARC at **Vista Community Clinic** Vista

MARC at **Clairemont Friendship** Center

Clairemont

OPEN SATURDAYS

Family Health Centers of San Diego

Hillcrest & Chula Vista



LIVE WELL SAN DIEGO



JOIN THE 31-DAY CHALLENGE!



ARE YOU READY TO BE HEALTHY, SAFE & THRIVING?



Sign Up for the 31-Day Challenge!

Starts January 1st, 2022

Visit <u>livewellsd.org/31-day</u> to *Live Well* every day!











LOVE YOUR HEART 2022



Presented by
Lizbeth Lopez, Live Well San Diego Support Team
County of San Diego Health and Human Services Agency



WHAT IS LOVE YOUR HEART?



- An annual event in February
- ▼ Free blood pressure screenings to the public
- ♥ Goal: "know your numbers"
- County partnership with partners that include:
 - Healthcare
 - Fire and EMS agencies
 - Universities
 - City governments
 - Non-profits and faith-based partners
 - Business community

WHY LOVE YOUR HEART?



- Nearly 116 million American adults have high blood pressure—that's
 1 in every 2 adults.
- ▼ High blood pressure is more common in non-Hispanic black adults (56%) than in non-Hispanic white adults (48%), non-Hispanic Asian adults (46%) or Hispanic adults (39%).
- High blood pressure is a primary or contributing cause of death for more than 1,416 deaths each day.
- High blood pressure costs the nation \$131 billion each year.

High blood pressure usually has <u>no warning signs or symptoms</u>, so many people don't realize they have it.



How can you participate in Love Your Heart 2022?



▼ Saturday February 12 – Saturday February 20, 2022

PROMOTE

Spread the word about the Love Your Heart event at your workplace, or among your neighbors and community groups.

OFFER SCREENINGS

Host a screening site at your worksite, for either the public or your employees.

AT HOME

Share virtual tools and resources to promote heart health!





Interested in "joining the heart health movement"?

Contact loveyourheartSD@sdcounty.ca.gov
or go to
loveyourheartsd.org









CLOSING



COMMUNITY & FAITH-BASED ORGANIZATIONS SECTOR



STAY CONNECTED!

- For additional questions and resources, please email: <u>Covid-CBO-Faith@sdcounty.ca.gov</u>
- Community-Based Organizations Website
- Faith-Based Organizations Website
- Rural Communities Website
- Sign up for email updates

